

ಕರ್ನಾಟಕ ಶಾಲಾ ಪರೀಕ್ಷೆ ಮತ್ತು ಮೌಲ್ಯನಿರ್ಣಯ ಮಂಡಲ

ಕೆಎಸ್‌ಕ್ಯುವಿಸಿ, ಮಲ್ಲೇಶ್ವರಂ, ಬೆಂಗಳೂರು-560003.

KARNATAKA SCHOOL EXAMINATION AND ASSESSMENT BOARD

KSQAAC, Malleshwaram, Bengaluru-560003.

ಮೌಲ್ಯಾಂಕನ - ಮಾರ್ಚ್ 2024 - ಮಾದರಿ ಪ್ರಶ್ನೋತ್ತರ ಪತ್ರಿಕೆ

Assessment - March 2024 Model Paper

Class : 8

Subject : Physical Education

Marks : 60

Time : 2 Hours 30 min.

Information to be filled by the Student

Name of the Student : _____

Student SATS No :

Signature
of the Student : _____

Information to be filled by the Room Invigilator

School DISE Code :

School Name : _____

Cluster : _____ Block : _____ District : _____

School Type : Govt. Aided Un-aided

(Put "✓" mark for applicable information)

Signature of the Room Invigilator : _____

Information to be filled by the Evaluator at the time of evaluation

Question Number	Obtained marks	Question Number	Obtained marks	Question Number	Obtained marks
1		12		23	
2		13		24	
3		14		25	
4		15		26	
5		16		27	
6		17		28	
7		18		29	
8		19		30	
9		20		31	
10		21		32	
11		22		33	
				Grand Total	

Total marks obtained (in words) : _____

Signature of the Evaluator : _____

I. Four alternatives are given for each of the following questions / incomplete statements. Choose the correct alternative and write the correct answer along with its question number and alphabet :

8 x 1 = 8

1. The components of physical fitness

- (A) Strength (B) Endurance
(C) Flexibility (D) All of above

Answer : _____

2. The game related to the word 'Hooquet'

- (A) Hockey (B) Volleyball
(C) Cricket (D) Kabaddi

Answer : _____

3. Number of attempt given to clear a specific height in High jump.

- (A) 1 (B) 2
(C) 3 (D) 4

Answer : _____

4. The third facet of Ashtanga Yoga is

- (A) Asana (B) Samadhi
(C) Yama (D) Prathyahasa

Answer : _____

5. Suitable example of positive emotion is

- (A) Enmity (B) Angry
(C) Love (D) Jealousy

Answer : _____

6. The number of feathers in a shuttle is

- (A) 14 (B) 16
(C) 18 (D) 20

Answer : _____

7. The state result of non functioning of the Cerebrum

- (A) Thirsty (B) Weakness
(C) Vomit (D) Unconsciousness

Answer : _____

8. Total number of lines to sing our National Anthem

- (A) 10 (B) 13
(C) 15 (D) 18

Answer : _____

II 9 Read the following information of *Column-A* and match the correct information given in *Column-B*, Write the answers along with its letter of alphabet : 6 x 1 = 6

<i>Column-A</i>	<i>Column-B</i>
i) Physical activity	a) 07 players
ii) Handball	b) 42.195 mtrs.
iii) Basketball	c) Sahana Kumari
iv) Marathon	d) August 07, 1906
v) High jump	e) 28 x 15 mtrs.
vi) Hoisting of first National flag	f) Long term health benefits
	g) 24 January 1950

III Answer the following questions in *one* or *two* sentences : 10 x 1 = 10

10. What is the shape of Volleyball court ?

11. Name the equipments used in Volleyball game.

12. In which game the word "Throw off" is used.

13. How many points are awarded for "free throw" in Basketball ?

14. From which end shall the server serve when his score is even in Badminton ?

15. Who declares the finishing result in middle and long distance races?

16. Write any one foul in high jump.

17. What are emotions ?

18. Who designed our National Flag ?

19. What is the maximum time limit to sing our National Anthem ?

IV Answer the following questions in *three to four* sentences :

8 x 2 = 16

20. What are the benefits you will get from physical exercise activity ?

21. List all protective equipments of a goal keeper in Hockey ?

22. Explain the process of imposing penalties in Handball.

23. Mention the violations of rules in the Basketball game.

24. The list of equipments used in Badminton.

25. What is your advice to your friend to prepare for Pranayama ?

26. What are the main factors you Identify in people with positive emotions.

27. How do you treat your friend primarily, when he becomes unconscious in the play ground.

V Answer the following questions in *five to six* sentences:

4 x 3 = 12

28. Explain how the Handball game was included in Olympics.

29. Write about the equipments required in Basketball.

30. How did the name Badminton originate?

31. What are the events of Middle and Long distance races?

VI Draw a neat Court Diagram with measurements and label the parts.

2 x 4 = 8

32. Volleyball Court.

33. Hockey Court.

====O====

