

**ಕರ್ನಾಟಕ ಶಾಲಾ ಪರೀಕ್ಷೆ ಮತ್ತು ಮೌಲ್ಯನಿರ್ಣಯ ಮಂಡಲ**

ಕೆಎಸ್‌ಕೆಎವಿಸಿ, ಮಲ್ಲೇಶ್ವರಂ, ಬೆಂಗಳೂರು-560003.

**KARNATAKA SCHOOL EXAMINATION AND ASSESSMENT BOARD**

KSQAAC, Malleshwaram, Bengaluru-560003.

**ಮೌಲ್ಯಾಂಕನ - ಮಾರ್ಚ್ 2024 - ಮಾದರಿ ಪ್ರಶ್ನೋತ್ತರ ಪತ್ರಿಕೆ**

**Assessment - March 2024 Model Question Paper**

**Class : 9**

**Subject : Physical Education**

**Marks : 80**

**Time : 3 Hours**

**Information to be filled by the Student**

Name of the Student : \_\_\_\_\_

Student SATS No : 

--	--	--	--	--	--	--	--	--	--

Signature  
of the Student : \_\_\_\_\_

**Information to be filled by the Room Invigilator**

School DISE Code : 

--	--	--	--	--	--	--	--	--	--

School Name : \_\_\_\_\_

Cluster : \_\_\_\_\_ Block : \_\_\_\_\_ District : \_\_\_\_\_

School Type : Govt.  Aided  Un-aided

(Put "✓" mark for applicable information)

Signature of the Room Invigilator : \_\_\_\_\_

**Information to be filled by the Evaluator at the time of evaluation**

Question Number	Obtained marks	Question Number	Obtained marks	Question Number	Obtained marks	Question Number	Obtained marks
1		13		25		37	
2		14		26		38	
3		15		27		39	
4		16		28		40	
5		17		29		41	
6		18		30		42	
7		19		31		-	
8		20		32		-	
9		21		33		-	
10		22		34		-	
11		23		35		-	
12		24		36		-	
Total marks		Total marks		Total marks		Total marks	
						Grand Total	

Total marks obtained (in words) : \_\_\_\_\_

Signature of the Evaluator : \_\_\_\_\_

Name of the Evaluator : \_\_\_\_\_

**I. Four alternatives are given for each of the following questions / incomplete statements. Choose the correct alternative and write the correct answer along with its question number and alphabet :**

**8 x 1 = 8**

**1. The committee recommended physical education as a compulsory subject in Karnataka**

- (A) Tarachand Committee
- (B) Prof. L.R. Vidyanathan Committee
- (C) Dr. Deshmukh Committee
- (D) Dr. Radhakrishna Committee

Answer :  \_\_\_\_\_

**2. Total number of players in Basket ball game.**

- (A) 5 + 7
- (B) 7 + 5
- (C) 6 + 6
- (D) 9 + 3

Answer :  \_\_\_\_\_

**3. Neeraj Chopra is a familiar sports person of**

- (A) Triple jump
- (B) Shot put
- (C) Discuss throw
- (D) Javelin throw

Answer :  \_\_\_\_\_

**4. The number of parts in Javelin**

- (A) 2
- (B) 3
- (C) 4
- (D) 5

Answer :  \_\_\_\_\_

**5. Clean environment destroying agents**

- (A) Mosquito (B) Cow  
(C) Buffalo (D) Sheep

Answer :  \_\_\_\_\_

**6. The main aim to establish the Sports Authority of India**

- (A) To promote health of students  
(B) To provide hygienic facility to publics  
(C) To promote sports  
(D) To bring awareness about communicable disease

Answer :  \_\_\_\_\_

**7. The sixth facet of Ashtanga Yoga**

- (A) Yama (B) Asana  
(C) Prathyahara (D) Dharana

Answer :  \_\_\_\_\_

**8. The material that is not in the First aid box.**

- (A) Cotton (B) Tincture  
(C) Syringe (D) Scissor

Answer :  \_\_\_\_\_

**II 9 Read the following information of *Column-A* and match the correct information given in *Column-B*, Write the correct answers along with its letter of alphabet : 5 x 1 = 5**

***Column-A***

***Column-B***

- |                    |                                  |
|--------------------|----------------------------------|
| i) Volleyball      | a) Hop-step-Jump                 |
| ii) Handball       | b) 4 m.                          |
| iii) Triple Jump   | c) Sri Raja Reddy Ekalavya Award |
| iv) Javelin Runway | d) Sirivanti Aditnar Gold Cup    |
| v) Pranayam        | e) 15 m.                         |
|                    | f) Brahmari                      |

---

---

---

---

---

**III Answer the following questions in *one* or *two* sentences :**

**10 x 1 = 10**

**10. Which is the first South Indian state implemented physical education text book for teaching?**

---

---

**11. Expanded form of 'NIS'.**

---

---

**12. Name the award given for the best coach?**

---

---

**13. Mention the number of active players and substitute players in 'Handball' game ?**

---

---

**14. 'Fast Break' belongs to which game.**

---

---

**15. What is floating service in Badminton ?**

---

---

**16. What is the shape of Take-off board used in Triple Jump ?**

---

---

**17. What is the weight of men's Javelin ?**

---

---

**18. Name any two Mudra's used in Pranayama ?**

---

---

**19. What is First Aid ?**

---

---

**IV Answer the following questions in *three* to *four* sentences :**

**15 x 2 = 30**

**20. Write any two tactics that should be adopted while serving the Volleyball.**

---

---

---

---

**21. Write a short note on Hockey.**

---

---

---

---

**22. Write any three fouls in Triple Jump.**

---

---

---

---

**23. Mention any three fouls in Javelin throw.**

---

---

---

---

**24. List vegetables which can be eat raw.**

---

---

---

---

**25. Write the basic skills of Volley ball game.**

---

---

---

---

**26. Write three essential qualities of a Handball player.**

---

---

---

---

**27. Who is the father of Yoga ? Name the book written by him about Yoga.**

---

---

---

---

**28. Name the two programs to inculcate the spirit of National Integration.**

---

---

---

---

**29. What are the benefits that you gained by practicing yoga daily.**

---

---

---

---



**30. Mention the points which are adopted to possess a good social health.**

---

---

---

---

---

---

**31. What are all the benefits that you gained by walking everyday ?**

---

---

---

---

---

---

**32. What is the first aid you give when your friend drowns in the water?**

---

---

---

---

---

---

**33. Draw a Diagonal pass diagram in Hockey.**

**34. Draw the neat diagram 'man to man' defense in Basketball game.**

**V Answer the following questions in *five* to *six* sentences:**

**5 x 3 = 15**

**35. Write the recommendations given by K.P. Singhdev for physical education Committee.**

---

---

---

---

---

---

---

---

---

---

**36. What are Gymnasiums ? What are its uses ?**

---

---

---

---

---

---

---

---

---

---

**37. What are the points to be noted while displaying National Flag?**

---

---

---

---

---

---

---

---

---

---

**38. List the tactics of Badminton game.**

---

---

---

---

---

---

---

---

---

---

**39. List the basic rules of the Javelin throw ?**

---

---

---

---

---

---

---

---

---

---

**VI Answer the following questions in *seven to eight* sentences:**

**3 x 4 = 12**

**40. Explain the procedure of performing 'Nadi Shuddhi' pranayama.**

---

---

---

---

---

---

---

---

---

---

---

---

**41. Write the essential qualities of a Hockey player ?**

---

---

---

---

---

---

---

---

---

---

---

---

---

**42. Draw the Triple Jump arena with the dimensions.**

====O====

